



## THE INVESTIGATOR



### About Us

Since 2000 BCSI has performed hundreds of successful investigations. Our integrated team of investigators and support services ensure that the investigations are conducted in a timely fashion with leading edge techniques. BCSI is considered the platinum standard of the industry based on the quality and the wide spectrum of its services as well as the expertise of the investigators.

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### My child is being cyber-bullied! What do I do?!

Bullies are unfortunately still alive and well in our education system although their methods have evolved dramatically over the past two decades. With the age of the internet and social media in full effect, the ways children interact with each other has transformed with it. Bullies have a new platform to tease and torment each other with a level of anonymity that they weren't granted in the past. With so many children having access to a device, [cyberbullying](#) has become a global crisis as it's victims suffer it's devastating effects and their parents are left feeling utterly powerless.

#### But What Do I Look For?

[Public Safety Canada](#) has listed the following as possible signs of cyberbullying:

- Your child begins to avoid using their mobile device or computer. Or, conversely, they begin to spend much more time texting, gaming or using social networking sites.
- They appear upset, withdrawn or angry after receiving emails, instant messages or text messages.
- Your child becomes more secretive about their online activities and avoids conversations that have to do with their computer or mobile device.
- Your child is reluctant to leave the house; they begin avoiding social situations they used to enjoy or withdraw from family and friends.
- They begin falling behind in school work or their grades go down.
- They become reluctant to go to school, or completely refuse.
- Your child appears sad, frustrated, impatient or angry much more than usual.
- They are having trouble sleeping or show less interest in eating.

#### What can I do?

Try to keep the family computer in a common area of the home to discreetly monitor your child's reactions and moods after they've been online. Set time limits for how long they can be on their device so they see it as a privilege rather than a necessity. Also, take some time to learn about the different [social media platforms](#) as it may provide a more comfortable conversation starter. After that, you can broach topic's like what's appropriate for someone to comment on their photos or message them. Open communication is key. And remember, if you discover your child is being [cyberbullied](#), keep a record of emails, chat room history, web postings, phone messages that you can take to their school, or the police if necessary. [Cyberbullying](#) impacts a child's development dramatically so let's do everything in our power to prevent it.

If your child is being cyberbullied or you someone who is, contact us at 604-922-6572 or visit our [website](#) to learn how we can help!

### Contact Us

Please contact our offices at 604-922-6572 or by email at [info@picanada.ca](mailto:info@picanada.ca).

we would be happy to speak with you.



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